

Matters of Memory Talks/Forums

For those with Dementia or Alzheimer's, their carers or those interested.



Talks at Sonning Common Health Centre, **upstairs** in the Palmer room. Two short talks per session to help and advise those with Dementia and their carers, then an hour or so for your questions. Tea, coffee, cake and biscuits will follow.

Booking essential, forms are available from entrance lobby at Sonning Common Health Centre or the SCHC website <http://www.sonningcommonhealthcentre.co.uk/> or email schcppg@gmail.com.

If you are unable to attend please call Sue on 0118 9722700.

The sessions will start at 2pm and finish about 4 pm

CHANGE OF SPEAKER for 26th March, No longer from Abbeycrest Care Home

2. Tuesday 26th March 2019

Nicky Vernede a Dietician from Oxford Health and an Outreach Team worker from **Carers Oxfordshire** giving advice and support for carers.

3. Tuesday 30th April 2019

Esther Ramsay-Jones from Sue Ryder and Rose Elliot an Admiral Nurse from The Orders of St John Care Trust.

